



Oral History Project – Help Us Make History!

Guideline List of Interview Questions

This is a guideline list of questions you can use to conduct your oral history! There is extra space at the end to write some questions of your own, depending on your interviewee and what specific questions you would like to ask. Remember, these questions are just a guideline!

Background information

What is your name?
When and where were you born?
Where did you grow up?
What was it like growing up there?
Where did you go to school?
What did you study or enjoy studying?
What were your hobbies?

Occupation before and during COVID-19

What is your current job / occupation?
How long have you worked in that role?
Can you describe what your occupation was like before COVID-19?
How has your job or role changed during COVID-19?
What has been the most challenging change to your occupation? Have there been any positive changes? If so, can you explain?

Social Distancing and Life During COVID-19

Can you describe what your day-to-day life was like before COVID-19 began?
How has your day-to-day life outside of work changed during COVID-19?
Have you developed any new hobbies? What are they?
What positive outcomes, if any, have you experienced during this period? If so, can you explain or elaborate?
Do you know someone who has contracted the virus (no names please)? What has that experience been like for the individual?
How would you describe the changes in your community at this time?
How are you staying connected with friends and family?

